

Vortex Gymnastics Health and Safety Procedures

1. Assess the situation
2. Monitor child/gymnast
3. Provide necessary First Aid (if applicable)
4. Allow time for the child/gymnast to re-join the class (approx 20mins)
5. Contact parent/guardian to collect the child if they do not join back into class or if the coach deems necessary
6. Fill in club incident report form
7. If a child re-joins the class, inform parent/guardian of any injuries on collection of child at end of class.